



PLANNING HEBDOMADAIRE

LUNDI

COACHING
Individuel

MARDI

Roaring 9h-11h
Farm'

MERCREDI

COACHING
Individuel

JEUDI

COACHING
Individuel

VENDREDI

Roaring 18h-19h
Perf'

SAMEDI

Roaring 10h-11h
Fit'

Roaring 11h-12h
Kids